

**Guru Nanak Dev Engineering College, Ludhiana**  
**Civil Engineering Department**  
**Distribution of Sessional Marks of General Fitness**

**Max Marks: 100 per Year**

These marks will be awarded at the end of academic year (i.e in even semesters, only) since games and other extra-curricular and co-curricular activities can be judged over a period of an academic year only.

<b>A.</b>	<b>General Behaviour</b>		<b>20</b>
	<b>Note:</b> All students should be given full credits unless they have been fined conduct marks, due to indiscipline or any other reason.		
<b>B.</b>	<b>Physical Fitness (Sports/NSS/NCC)</b>		<b>50</b>
	<b>1. Attendance (Sports/NSS/NCC)</b>		
	<b>Note:</b> 120 Hours of service in a year for NSS Volunteers or 40 Parades per Year for NCC Cadets	25	
	<b>2. (A) Sports</b>		
	i. Participation in College athletic meet	02	
	ii. Active participation in Athletic meet/inter year/ inter departmental games at college level (01 mark for each event in which participated subjected to a maximum of 03 marks)	03	
	iii. Positions in college athletic meet/ inter year/ inter department matches	05	
	• First	5	
	• Second	4	
	• Third	3	
	• Fourth	2	
	• Fifth	1	
	iv. Captain of college team/ best athlete/ College Colour holder/ Outstanding Sports Person (e.g. Who sets a new record)	05	
	v. Participation in inter-college/ inter-district meets	04	
	• Participation	1	
	• Third Position	2	
	• Second Position	3	
	• First Position	4	
	vi. Participation at inter-university/ National Level	05	
	<b>(B) NSS</b>		
	i. Regular activities		
	<b>Note:</b> These marks will be awarded by the programme officer in the range of 8 to 15 on the basis of evaluation of volunteers done regularly during the regular activities spanning over 120 hours as per the guidelines in MHRD, NSS Manual.	15	
	ii. Special camping programme of 10 days duration	03	
	iii. Office held	07	
	• President	7	
	• Vice-President	6	
	• Group Leader	5	
	• Other Volunteers	3-5*	

**(C) NCC**

- i. 40 parades per year  
**Note:** These marks will be awarded by NCC officer in the range of 8 to 15 on the basis of performance of the cadets during parades and other duties. 15
- ii. Camp attended 03
- iii. Office held 07
- Under Officer 7
  - Sergeant 5-6
  - Other ranks/ Cadets 3-5\*

**Note:** In case a student has participation in all three activities (i.e Sports/NSS/NCC), he/she may be awarded the highest of his/her score in the aforesaid three activities. In addition to this, he/she may be given 5-10 additional marks for his/her around participation. But in no case the maximum marks shall exceed 50.

**C. Extra Curricular and Co-Curricular Activities**

**30**

- i. Participation in advisory meetings  
**Note:** Minimum marks to be given 5, to be increased uniformly upto 10, depending upon the participation/attendance of individual. 10
- ii. Participation in Extra Curricula and Co-Curricular/ ISTE activities 15

**College Level**

- Participation 5
- Third Position 6
- Second Position 7
- First Position 8

**Inter-district/ Inter-college/ State Level**

- Participation 2
- Third Position 3
- Second Position 4
- First Position 5

**Inter- University/ National Level**

- Participation 2

**Office Held**

- All active members 1
- Executive members 2
- Joint Secretary/ PRO 3
- Secretary/ Vice 4
- President/Treasurer/ Co-Coordinator
- President/ chairperson/ General Secretary/ Coordinator 5

**\*On the basis of contribution of a student in organizing various events/programmes**